

# new & natural.

The latest news and information from our advertisers.



## Osilica Skin + CoQ10 Rejuvenation Masque

Osilica Skin + CoQ10 contains colloidal mineral silica plus coenzyme Q10 for the appearance of fresh, glowing, revitalised skin. Osilica Skin + CoQ10 is enriched with natural essential oils to help your skin look and feel younger, smoother and firmer, and help reduce the physical signs of ageing, like age lines and wrinkles. Contains no parabens, harsh preservatives, artificial colours or fragrances. Osilica Skin + CoQ10 is 100 per cent vegetarian and is not tested on animals. Available from pharmacies and healthfood stores. Visit [www.planethealth.com.au](http://www.planethealth.com.au) or call 1800 064 953 for information.

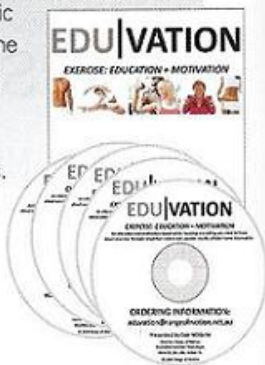
## Wash with a clean conscience

Dr Bronner's new Organic Fair Trade Shikakai pump soaps ([www.drbronner.com.au](http://www.drbronner.com.au)) are smooth and luxurious with no synthetic detergents or preservatives. Organic Shikakai comes from the seed pods of the small South Asian tree *Acadia concinna* and has been used for millennia in India as a gentle conditioning cleanser for both skin and hair. The Shikakai is extracted in organic sugar and grape juice and combined with Dr Bronner's unsurpassed castile soap base for rich emollient lather and moisturising after-feel. Available in Lavender, Spearmint/Peppermint, Tea Tree, Mild Unscented and Lemongrass Lime, from health and organic stores and selected pharmacies. RRP \$12.95 for 356ml and \$19.95 for 709 ml.



## Exercise smart – not hard

Developed by an exercise physiologist, these education and motivation-based CDs cover everything you need to know about exercise, including fat loss, muscle gain, flexibility, core strength and sports specific exercise. A must for anyone who exercises or wants to exercise, it provides the knowledge to ensure the achievement of your goals. Email [education@rangeofmotion.net.au](mailto:education@rangeofmotion.net.au) for your FREE sample!



## Wear flowers on your face

Experience the only 100 per cent certified organic cosmetics range produced from flowers – organic rose, chamomile and jasmine. Zuii Certified Organics is a unique blend to nurture, protect and improve your skin. Zuii's timeless and evolving colour palette is created with the benefits of essential oils, vitamins and minerals to let you create any look you desire. No animal testing, no petrochemicals, no parabens, no talc, no GM ingredients is the Zuii commitment to Love of Nature and Organics. Pictured here is Zuii's Flora Foundation, \$59.95. For more information, visit [www.zuiiorganic.com](http://www.zuiiorganic.com).



## KidsTravel and KidsThroat

Don't leave home without these two handy homeopathic remedies from Key-Sun (\$11.95 for 10 lozenges; [www.keysun.com.au](http://www.keysun.com.au)). KidsTravel strawberry-flavoured lozenges are a must-have for children who get travel sickness; KidsThroat pine-flavoured lozenges will quickly soothe and relieve even the scratchiest of sore throats. Getting a child to take medicine can be tricky, but these products make it easy.